

CHURCH STAFF

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Rev. Paul D. Caseman, Alaska
Sandy Crossley, Connections
Joan Monroy, Connections

PASTOR STEVE'S OFFICE HOURS

M, T, W: 9 a.m. - Noon

PASTOR DAN'S OFFICE HOURS

M, W, F: 9 a.m. - Noon

Cornerstone District Office
Christ First UMC
663 Lakeview Ave.
Jamestown, NY 14701

From Pastor Steve's Desk...

Welcome to this edition of Grace Notes! We're so glad you picked up this copy of the Panama United Methodist Church newsletter! Everything you need to know about what is going on at Panama United Methodist Church is in here...enjoy!

Faith on Fire

"We are the church!" That was one of the opening lines to an inspiring song in worship this morning at Annual Conference in Syracuse. The song from Rend Collective goes on to sing, "...set your church on fire..." On Pentecost, we celebrate the Holy Spirit fire coming into the church for the work of advancing God's kingdom on earth. It's only by the power of the Holy Spirit that we can BE the church in the world. And it's only by faith in the Savior Jesus Christ that the Holy Spirit's power becomes fully at work through us (and together as the church).

This summer, we have some exciting ministries that will put our faith in action. We will start in June with a sermon series in the book of Daniel called Fired Up Faith. Our Propelling Panama to Action ministry at 9am every Sunday morning (July and August) will give us all the opportunity to use our hands and feet and be resources to BE the church, filled with the Holy Spirit. We will reach out to many different people in our community, from the youngest to the oldest. Our Congregational Choice sermon series will help us be equipped in specific ways in which we hear God calling us for today and the future. Our Vacation Bible School ministry aims to reach 100 young people with the Gospel of Jesus Christ - to show them His love. Summer camp, Family Bible Camp, outreach efforts, and more will also allow the Holy Spirit to work in us - to set the church on fire. It's going to be an exciting summer!!

Above all things, though, we are the church, called to be set on fire by the Holy Spirit to love, share our faith, serve, forgive, and respond to the call and challenge of Christ as the church. We CAN do lots of stuff as the church, but we MUST start with faith on fire, ignited by prayer and devotion to Jesus. Ignite!

Blessings,
Pastor Steve

Pastor Steve's June Schedule



PROPELLING PANAMA to ACTION

Propelling Panama to Action is a bold attempt for our church to become more active in our mission and outreach. Some Sundays during the summer, we will be out and about in the community - sharing Jesus' love with others. Some Sundays, we will be packing buckets and kits to send to other communities in need. WE ARE READY FOR ACTION!!!

See page 8 for the list of activities for each Sunday in the summer. Also, see pages 9 and 10 for lists of items we will be collecting. Lists will be on the walls in Fellowship Hall (now known as Mission Central). You can place the items under the list. Some of the lists are very specific, directly from UMCOR. We thank you for providing one item - or the whole list!

All are invited every Sunday morning to fill buckets, make cards and be in action. It is going to be very exciting - and you won't want to miss any Sunday!

During Vacation Bible School, July 19-23, the kids will be in action as well. Each evening, the children will be doing a mission project of their own. They will also be collecting loose change all week, which will go towards these projects. The Bible Story they will hear will reflect people in action. The Five action words are MOVE! ACT! CARE! FOLLOW! And SHARE! It's truly going to be an amazing week.

Stacy

- 1 11am: Staff Meeting; 7pm: Prayer and Praise
- 2 1pm: Visitations; 6pm: Worship Team Meeting;
7pm: Staff/Parish Team Meeting
- 3 6pm: Praise Team Rehearsal; 7pm: Celebration Choir
- 4 6pm: PCS Awards Banquet
- 5-6 Cornerstone Men's Retreat
- 7 8:30am-12pm: Prayer/Sunday School/Worship!; Lunch After
Worship
- 8 11am: Staff Meeting; 6pm: Evangelism and Outreach Meeting;
7pm: Prayer and Praise
- 9 1pm: Visitations; 6:30pm: Church Council
- 10 6pm: Praise Team Rehearsal; 7pm: Celebration Choir
- 11 7pm: Finance Team Meeting
- 12/13 Sabbath and Day Off
- 14 8:15am-12pm: Prayer/Sunday School/Worship!
- 15 1pm: Staff Meeting; 6pm: Growth and Vision Team Meeting;
7pm: Prayer and Praise
- 16 1pm: Visitations; 7pm: Safe Sanctuaries Team Meeting
- 17 12pm: Lunch Bunch; 6pm: Praise Team Rehearsal
- 19/20 Sabbath and Day Off
- 21 8:15am-12pm: Prayer/Sunday School/Worship! (Father's Day);
7pm: Baccalaureate Worship
- 22 11am: Staff Meeting; 7pm: Prayer and Praise
- 23-24 Preaching Academy (Casowasco)
- 24 6pm: Praise Team Rehearsal
- 26-27 Sabbath and Day Off; PCS Graduation
- 28 8:15am-12pm: Prayer/Sunday School/Worship!
- 28-7/4 Tent Camp (Camp Findley)



We are in need of someone to take over the gardening needs of our flower beds around the church. If you are sensing a call to serve in this way, please call the Office at 782-4031.

June Birthdays and *Anniversaries*

- 1 Kathy Foulk
- 2 *Ted/Sharon Passarelli, Eric/Jennifer Scolton*
- 3 *Chuck/Judy Parkman*
- 4 Nancy Dallas
- 5 Ryan Peck
- 7 Cindy Crouch, *Dick/Lorena Crosby*
- 8 Amanda Kolstee
- 9 Christopher Enlow, Sharon Rea
- 10 Elizabeth Comstock, Jordan Range
- 11 *Mike/Erica Butler*
- 12 *Lee/Betty Crosby*
- 13 Dacota Catanese
- 14 Alyson Edwards, Lilly Odell
- 15 *Scott/Wendy Trisket, Aaro/Kim Barton*
- 16 Jarrett Wiggers
- 17 Carol Hay, Thea Kester
- 18 Don Butler, Kelly Range
- 19 Matthew King, Mason Komarek, Larry Ostrander, David Woods
- 21 Jennifer Anderson, Melissa Topolski
- 22 *Gail/Nancy Dallas*
- 23 *Bryce/Katie Ireland*
- 24 Lauren Tordella, Emily Trisket,
Kyle/Brynne Hinsdale, Steve/Melissa Wiggers
- 25 Pat Catanese, Matt Sturges
- 26 Hugh Wood
- 27 Ed Trisket, *Jarrett/Elizabeth Wiggers*
- 28 *Dave/Yvonne Calcaterra, Chris/Dawn Comstock,*
Rob/Wendy Peck
- 30 MacKenzie Miles, *Charlie/Debbie Loveless*



Please let Pam Ireland or the office know if we need to add or update birthday or anniversary information for your family. This list is only as correct and up to date as the information we are given.

Sunday Morning Team - June

Ushers

Don and Tabby Butler
Jon and Becky Cable

Nursery Helpers

June 7

Birth-2: Stacy Taylor and Sue Woods
3-4: Carm Catanese and Abby Taylor

June 14

Birth-2: Jolene and Jason Ayers
3-4: Carolyn Hughesman and Natalie Odell

June 21

Birth-2: Tena Dills and Thea Kester
3-4: Carrie Munsee and Marge Vollmer

June 28

Birth-2: Kelly and Sarah Osborne
3-4: Jennifer Johnson and Dawn Sard

Thank you for volunteering to take care of our little ones during the worship service. We appreciate you!



Prayer Chain

If you have a concern for which you would like others to pray, please call:
Susie Davis (782-4611) or Jean Edwards (782-2800).
This request will be passed down the chain to 20+ others who will pray for your concern.

Visitation Ministry

June 7

Kathy Smith Tanglewood 235
Jean Trisket Corry Manor C44

Eloise Smith
Jack/Linda Sturges

June 14

Kathy Smith Tanglewood 235
Jean Trisket Corry Manor C44

Bill Peck
Everett King

June 21

Kathy Smith Tanglewood 235
Jean Trisket Corry Manor C44

Sharon Passarelli
Thea Kester

June 28

Kathy Smith Tanglewood 235
Jean Trisket Corry Manor C44

Lester/Wyona Wevers
Trudy Anderson

IT'S NOT TOO LATE.....

There are still a FEW open times to be photographed for the 2015 PUMC pictorial directory. The LAST day for the portrait studio to be open at PUMC is Tuesday, June 30. (This is an additional day due to the wonderful response! Thank you!). You can sign up this way:

Call Debbie in the office (716) 782-4031
(to schedule or for questions)

You will receive a free 8x10 and your copy of the directory. There is no cost to you or the church for you to participate. You will immediately view your portraits and be given the opportunity to purchase additional portraits. Our families will be receiving an additional 20 percent discount on your purchases.

Sign up today!
We look forward to seeing ALL of your smiling faces.

SUNDAY MORNING MISSION OPPORTUNITIES

CAMPBELL LABELS for the Red Bird Mission School in Kentucky (also look for labels on Swanson products, Pepperidge Farm, Prego and V8). To those of you who take the time to cut just the UPC code and logo from the product for us, we thank you.

If you have labels and boxtops that you have been saving over the winter - please turn them in as soon as possible so we can send them with the work team going to Red Bird!!

PENNIES for the Domestic Abuse Program offered by the Salvation Army in Jamestown. As you read in the papers and media, you know that Domestic Abuse is on the increase and it is important to help when we can. Please drop your pennies and other small change in the container in the narthex.

NON-PERISHABLE ITEMS for God's Groceries - things like toilet paper, soap (all kinds), toothpaste and brushes, shampoo, and anything else that you feel would help those that are having a difficult time making their money go further. The use of the Food Pantry is growing and we thank you for your support.



Discipleship (Small Group) Note

Jon and Becky Cable

If you are looking to know Christ and to make Him known, if you are looking to be transformed to be more like Christ and less like the world, if you are looking for encouragement and support in your walk with Christ, then one of the discipleship groups is for you. Please call the church office if you would like further information.

Preparing for Rain (Jon and Becky Cable)

Every other Tuesday night from 6:30-8pm.
jonbec95@gmail.com; 716-543-5050

We will be finishing up our study of "In the Dust of the Rabbi" during the first week of June, then taking the summer off. We will be having a picnic as well to end out time together. We look forward to what the summer will hold for all of us and look forward to getting together again for Bible Study in the fall. If you are interested in being part of our small group, please contact Jon or Becky and maybe even come to our picnic to meet the other members.

C.H.A.T (George and Trudy Anderson)

Call the Anderson's for meeting information
ganderson@windstream.net; 716-782-3252

We Care (Thea Kester)

Every other Thursday at 12pm at Rowdy Rooster
rtkester@windstream.net; 716-782-4620

R.A.D.I.C.A.L (Carl and Susie Davis)

This group normally meets the
1st and 3rd Saturday of each month.
appleoakstreefarm@yahoo.com or suesue5@windstream.net
716-782-4611 or 716-640-7043

Ladies of Light (Cindy Furlow)

2nd and 4th Monday of each month, from 7:15 to 8:30pm.
Child care is provided.
cfurlow@chautauquamachine.com; 716-782-2775

Band of Brothers (Howie Wheeler)

2nd Tuesday of the month
wheelerhoward55@gmail.com; 716-763-0879

Kyle and Brynne Hinsdale's group

One Saturday a month
kbhinsdale@windstream.net; 716-355-4382

With Sympathy to the Families of...

Gale Hotchkiss

April 16, 2015

Brother-in-Law of George and Donna Peterson

Craig Towner

April 16, 2015

Son-in-Law of George and Donna Peterson

Amy Jo Naetzker

May 5, 2015

Daughter of Margaret (Peg) Naetzker

John M. Goldberg

May 13, 2015

Brother of Marilyn "Jean" Vanderkooi

Vivian King Perkins

May 21, 2015

Sister in Law of Jane Nagel
Cousin of Everett King

The love and prayers of your PUMC family are with you
and your loved ones as you continue through
this time of grief and adjustment.

W.A.M.

(Women and Missions)

WAM's next gathering is

Monday, June 8, at 11:45 a.m.

at the Rowdy Rooster.

Please mark your calendars and plan to join us!



Safe Sanctuaries

Carol Hay

One Sunday, Mary Rappole asked for volunteers to help with the Hospitality Team for the church. As she was speaking, she referenced a list of important features that draw and keep folks in a church.

1. Convenient, organized parking
2. Being personally greeted
- 3.
4. Having a passionate message from the pulpit

Number 3 is blank because it couldn't be remembered! HOWEVER, when we first started working on our *Safe Sanctuaries Guidelines*, I read an article about church attendance, which gave a similar list and included "*Feeling physically and emotionally comfortable.*" I propose that as the #3.

There are details for each of these listed factors and we could all add other aspects that draw and keep us in a church, but I would guess that this list is accurate. I think we all can agree that it is important to feel physically comfortable while worshipping. When the seat isn't too hard, the air temperature is neither too hot not too cold, and there is room to wiggle, we feel comfortable.

Being emotionally comfortable may be a bit harder to define and to ascertain of those around us. In most cases, people enjoy having others note your presence and even mention a certain amount of pleasure at seeing you. Knowing that you are welcome affords a level of comfort. Entering a worship service where the focus is on a relationship between the individual and God is different than entering a social gathering, but still, knowing that those around you want you there is important.

To keep coming to a church probably means additional involvement in church activities and events and more personal relationships with others. When church members know us better and are *still* welcoming and encouraging, the comfort level continues to grow.

Another level of emotional comfort comes when we share our failures with our church family and they offer support and guidance without judgment. Knowing that we can freely
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May 2015 Tithes and Offerings -

Envelopes - \$26,089.63
Plate - \$434.18
Sunday School - \$337.75
Missions - \$910
Red Bird Mission - \$135.81
Initial Offering - \$5
Flowers - \$95
Camp - \$1,212
Connections Tuition - \$515
Connections Donation - \$100
Family Life Center - \$20
Food Pantry - \$450
Music Ministry - \$5
White Gift - \$410
Trustees' Fund - \$1035
Youth Group Donation - \$81.15
Memorials - \$45
Cogun Settlement - \$8,700.48

Thank you for your continued support of the budget and ministries of Panama UMC.

Smokey Bleu Cheese Bacon Dip

Jody Marsh, Parish Nurse



- 1/3 c. light mayonnaise
- 1/4 c. crumbled bleu cheese
- 1/2 c. light sour cream
- 1/2 c. plain low fat yogurt
- 2 tsp. white vinegar
- 1/4 tsp. liquid smoke
- 2 Tbsp. real bacon bits
- 1 Tbsp. finely chopped green onion.

In a medium bowl, mix together the mayonnaise and the bleu cheese. Mash some of the cheese into the mayonnaise with a fork for flavor, and leave some crumbles for texture. Stir in the sour cream, yogurt, vinegar, liquid smoke and one tablespoon of the bacon bits.

Cover, place in refrigerator, and chill for 30 minutes to meld flavors.

To serve, transfer the dip to a serving bowl and sprinkle with the last tablespoon of bacon bits and green onion, if desired.

Layette Kit Materials

Each kit includes:

- 6 cloth diapers (prefolded or plain diapers only; no disposable diapers)
- 2 shirts (undershirts or onesies)
- 2 washcloths (infant size only; no adult washcloths)
- 2 gowns or sleepers
- 2 diaper pins (must have protective plastic closures; no regular safety pins)
- 1 sweater or jacket (must open from the front; may be hand knitted, crocheted or sewn; hooded sweat shirts are acceptable)
- 2 receiving blankets (sizes may range from 28x28 inches to 32x32 inches; no crib blankets please)

Cleaning Bucket Materials

Each Kit includes:

- 5 gallon bucket with resealable lid
- Liquid laundry detergent (One 50 oz. or two 25 oz. bottle(s) only)
- Liquid household cleaner (12-16 oz. liquid cleaner that can be mixed with water; No spray cleaners)
- Dish soap (16-28 oz. bottle, any brand)
- 1 can air freshener (aerosol or pump)
- 1 insect repellent spray (6-14 oz. aerosol or spray pump with protective cover)
- 1 scrub brush (plastic or wooden handle)
- 18 cleaning wipes (Handi Wipes or reusable wipes; no terry cleaning towels)
- 7 sponges (no cellulose sponges due to mold issues)
- 5 scouring pads (no stainless steel, Brillo pads or SOS pads - nothing with soap built in)
- Clothesline (one 100 ft. or two 50 ft. lines; cotton or plastic)
- 24 roll heavy-duty trash bags (33-45 gallon sizes)
- 5 dust masks
- 2 pairs kitchen dishwashing gloves (should be durable enough for multiple uses)
- 1 pair work gloves (cotton with leather palm or all leather)

Safe Sanctuaries, continued...

share ideas, participate in discussions, and contribute to conversations without being criticized for our opinions makes us feel emotionally comfortable in the church. Being able to ask for help without being seen as weak or incompetent brings more emotional comfort.

Worshipping in God's house is a very personal experience for each of us. Knowing that we will be welcomed and comfortable makes us want to repeat that experience over and over. The *Safe Sanctuaries Team* is working to ensure a safe and comfortable church experience particularly for children, youth and vulnerable adults, but our prayer is that each individual who comes into the Panama United Methodist Church will feel welcome and comfortable worshipping here. And each of us can offer that welcome and the words that will bring comfort to those around us.

PROPELLING PANAMA to ACTION

Propelling Panama to Action is a mission minded summer ministry. Kids and adults will put God's love in action by helping others through service projects each Sunday morning. **Acts 17:28 says, "In God we live, move, and exist."** Starting on July 5 at 9:00am, PUMC will be in action with interactive service projects. Items will be collected throughout the summer.

Lists for requested donations are available in this edition of Grace Notes and will also be on the Welcome Table. A complete schedule for these weekly activities is can be found on the next page. We hope you will join us.

We are the body of Jesus Christ - and we want to be in action to show God's love to our community and to our world.



SCHEDULE and LISTS - - - - - >

PROPELLING PANAMA to ACTION SCHEDULE

July 5 - Hitting the Streets - Becky Cable

Participants will be walking the streets of Panama, praying and leaving special messages in chalk on sidewalks.

July 12 - Community Breakfast - Jan and Howie Wheeler

Breakfast will be served to the community - with a special invitation to the fire department.

July 19 - God's Groceries - Marge Vollmer

Participants will check out the ins and outs of the food pantry, stock shelves and create special gifts for the clients.

July 25 - Teacher Bags - Stacy Taylor

Participants will fill gift bags for the school teachers of our community.

August 2 - Loving & Preparing Seniors - Pastor Steve and Abby

Participants will create emergency kits and bake cookies for the senior members of our community.

August 9 - Gardening for God - Stacy Taylor

Participants will tend to the church flower beds.

August 16 - Busy Bottles/Layettes for Babies - Katie Braun

Participants will put together Busy Bottles Bags (activities for hospitalized kids) and fill Layettes for Babies, an UMCOR* mission for babies in other countries.

August 23 - Flood Buckets - George Anderson

Participants will fill Flood Buckets (UMCOR*) with emergency supplies for flood victims.

August 30 - Kits for Kids - Stephanie Landin

Items will be collected and sent to shelters to help women and children.

***UMCOR - United Methodist Committee on Relief**

Kits for Kids and Women In Shelters List

Blanket
Pajamas
Stuffed Animal
Soap
Shampoo
Book
Toothbrush
Toothpaste
Combs
Feminine Hygiene Products



Busy Bottle List

Crayons
Markers
Small Games
Little Fidget Toys
Silly Putty
Post It Notes
Small Notebooks

Teacher Bags List

Band Aids
Keurig Coffee K-Cups
Tea Bags
Hand Lotion
Hand Sanitizer
Candy - individually wrapped or gum; chocolate
Tissues - boxes or Individual packs

School Supplies

Sticky Notes
Mirado Classic or
Ticonderoga #2 pencils
Crayola Crayons
Papermate pink erasers
Pencil top erasers
Elmer's Glue Stick

Donated items can be taken to
MISSION CENTRAL
(AKA as Fellowship Hall)
and placed in the containers under the
respective list.