

CHURCH STAFF

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Rev. Paul D. Caseman, Alaska

PASTOR STEVE'S OFFICE HOURS

M, T, W: 9am - Noon

PASTOR DAN'S OFFICE HOURS

M, W, F: 9am - Noon

Cornerstone District Office
Christ First UMC
663 Lakeview Ave.
Jamestown, NY 14701

From Pastor Steve's Desk...

Welcome to this edition of Grace Notes! We're so glad you picked up this copy of the Panama United Methodist Church newsletter! Everything you need to know about what is going on at Panama United Methodist Church is in here...enjoy!

The Fuel Propels Us

"When the day of Pentecost had come, they were all together in one place. And suddenly from heaven there came a sound like the rush of a violent wind, and it filled the entire house where they were sitting. Divided tongues, as of fire, appeared among them, and a tongue rested on each of them. All of them were filled with the Holy Spirit and began to speak in other languages, as the Spirit gave them ability." Acts 2:1-4

When the first followers of Jesus were gathered together on the day of Pentecost, they received the gift of the Holy Spirit. That gift fueled them for the mission in which Jesus commanded them to engage in Matthew 28: Go and make disciples of all nations...Once they received the power and presence of God through the Holy Spirit IN THEM, they began to be bold witnesses for Christ in the world.

The followers of Jesus here today - you and me - are fueled by that same power and presence. At the beginning of May, we've had the opportunity to share The Story Musical with the world. This Story is one of forgiveness and grace for us, but it's also the fuel in us to propel us to action. As we celebrate Pentecost and Mother's Day and Memorial Day this month, we have more opportunities to share the love of Christ with those around us. We are propelled to action in Christ's name by the fuel of the Holy Spirit.

This summer, we will celebrate the graduates and engage the community as we transform the Fellowship Hall into Mission Central at PUMC. For nine weeks, we will engage the ENTIRE church in hands-on mission projects to serve those locally and globally. Some exciting things are coming to worship this summer as well, like "Congregational Choice" sermon series, special music, praise and worship, and much more! You won't want to miss a single Sunday!

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As the fuel of the Holy Spirit fills our tanks, and we are emboldened to go out from worship to the streets and homes in our communities, I pray the Spirit lights new fires and propels us to spread the fire of Christ to our world.

Blessings,
Pastor Steve



REMINDER...

Lunch after worship on May 3... **TACO IN A BAG!**
Donations support youth summer camperships!

NATIONAL DAY OF PRAYER

Thursday, May 7, 2015

(Sign up sheets are available on the Welcome Table)

6:30 a.m.

Breakfast in Fellowship Hall
Speaker - Joe Osborne

Ongoing throughout the day

Prayer Vigil in the Sanctuary
or
a place for prayer of your choosing

7 p.m.

Concert of Prayer
(Sanctuary)

Please join us for any or all of the day.
You will be blessed.



Pastor Steve's May Schedule



- 1 7pm: The Story Musical (Panama Central School)
- 2 2pm: Pre-Conference Briefing (Camp Findley);
7pm: The Story Musical (Panama Central School)
- 3 8:30am-12pm: Prayer/Sunday School/Worship! 5pm: Haiti
Dinner (BPUMC)
- 4 11am: Staff Meeting; 7pm: Prayer and Praise
- 5 1pm: Visitations; 7pm: Stepping UP Men's Bible Study
- 6 6pm: Praise Team; 7pm: Choir; 7p: Trustees Meeting
- 7 National Day of Prayer (6:30am: Breakfast; Prayer Vigil;
7pm: Concert of Prayer); 7:30pm: Chorus Concert at PCS
- 8 CRM Retreat (Casowasco)
- 9 11am: Memorial Service for Bruce Crist; 3pm: Food Pantry
USPS Delivery
- 10 8:30am-12pm: Prayer/Sunday School/Worship! (Mother's
Day)
- 11 11am: Staff Meeting; 7pm: Choir
- 15/16 Sabbath and Day Off; Friends of Findley Work Weekend
- 17 8:15am-12pm: Prayer/Sunday School/Worship!
- 18/19 Preaching Academy (Casowasco)
- 19 7pm: Stepping Up Men's Group; 7:30pm: Band Concert at
PCS
- 20 12pm: Lunch Bunch; 12:30pm: Men's Retreat Planning
Meeting; 6pm: Praise Team; 7pm: Choir
- 21 6pm: CCSBA Awards Banquet; 6pm: Vision 20/20 Meeting
- 22 Houghton Transitions Day
- 23 Day Off
- 24 8:15am-12pm: Prayer/Sunday School/Worship!
- 25 Memorial Day - Office Closed; PARADE
- 26 1pm: Visitations; 7pm: Worship Team Meeting; Leave for
Annual Conference
- 27-30 Annual Conference (Syracuse)
- 31 8:15am-12pm: Prayer/Sunday School/Worship!

May Birthdays and *Anniversaries*

- 4 Barbara Hart
- 5 Jon Cable, Kathy Smith
- 7 ***Everett/Eleanor King***
- 8 Andee Anderson, Matthew Apthorpe, Brittany Lenart
Bryan Rupczyk
- 9 Sarah Osborne, Colin Cross (Peck)
- 10 Jessica Komarek, ***George/Trudy Anderson***
- 12 Aleena Adnerson, Michaela Swineford,
David/Carrie Munsee
- 14 Brynne Hinsdale
- 15 Kristy Catanese
- 16 ***Joel/Jessica Keefer***
- 17 Yvonne Calcaterra, Anna Jo Irgang, ***Mike/Sara Beebe,***
Carl/Susie Davis
- 18 Grace Munsee
- 19 Isabella Anderson, Michael Butler
- 20 Molly Butler, ***Tim/Connie Middleton***
- 22 Gabbi Calcaterra
- 23 Bradley Osborne, Shelly Rupczyk, Don Wood
- 25 Cindy Furlow, ***Doug/Cindy Weise***
- 26 Connor Tremblay
- 27 Jonathan Sturges
- 28 Cole Munson
- 29 ***Nick/Katie Sard***
- 30 Jonathan Anderson
- 31 ***Mike/Erin Miller***



Looking ahead to June...

- 2 ***Ted/Sharon Passarelli, Eric/Jennifer Scolton***
- 3 ***Chuck/Judy Parkman***
- 4 Nancy Dallas
- 5 Ryan Peck
- 7 Cindy Crouch, ***Dick/Lorena Crosby***

Please let Pam Ireland or the office know if we need to add or update birthday or anniversary information for your family. This list is only as correct and up to date as the information we are given.

Sunday Morning Team - May

Ushers

Tim and Tena Dills
Craig and Marge Vollmer

Nursery Helpers

May 3

Birth-2: Tina and Katie Swineford
3-4: Barb Tordella and Riley Seekings

May 10

Birth-2: Tina Akam and Logan Hickman
3-4: Jessica Keefer and Cameryn Eggleston

May 17

Birth-2: Julia Nelson and Cathy Erhard
3-4: Becky and Gracie Cable

May 24

Birth-2: Stephanie Landin and Jolene Ayers
3-4: Becky, Amelia and Josiah Sprague

May 30

Birth-2: Katie Braun and Lilly Odell
3-4: Susie and Kim Davis

Thank you for volunteering to take care of our little ones during the worship service. We appreciate you!



Prayer Chain

If you have a concern for which you would like others to pray, please call: Susie Davis (782-4611) or Jean Edwards (782-2800). This request will be passed down the chain to 20+ others who will pray for your concern.

Visitation Ministry

May 3

Kathy Smith	Tanglewood 235	Thea Kester
Jean Trisket	Corry Manor C44	Trudy Anderson

May 10

Kathy Smith	Tanglewood 235	Eloise Smith
Jean Trisket	Corry Manor C44	Jack/Linda Sturges

May 17

Kathy Smith	Tanglewood 235	Everett King
Jean Trisket	Corry Manor C44	Bill Peck

May 23

Kathy Smith	Tanglewood 235	Sharon Passarelli
Jean Trisket	Corry Manor C44	Julia Nelson

May 31

Kathy Smith	Tanglewood 235	Trudy Anderson
Jean Trisket	Corry Manor C44	Lester/Wyona Wevers

W.A.M.

(Women and Missions)

Now that it's finally spring, WAM is once again meeting, with our next gathering on Monday, May 11, at 11:45 a.m. at the Rowdy Rooster.

Please mark your calendars and plan to join us!

SAVE THE DATE, MEN!

The 2015 Cornerstone Men's Retreat will be Friday - Saturday, June 5-6, at Camp Mission Meadows.

More information will be coming.,
but until then...
check us out on Facebook:
Cornerstone Men's Retreat

SUNDAY MORNING MISSION OPPORTUNITIES

CAMPBELL LABELS for the Red Bird Mission School in Kentucky (also look for labels on Swanson products, Pepperidge Farm, Prego and V8). To those of you who take the time to cut just the UPC code and logo from the product for us, we thank you.

If you have labels and boxtops that you have been saving over the winter - please turn them in as soon as possible so we can send them with the work team going to Red Bird!!

PENNIES for the Domestic Abuse Program offered by the Salvation Army in Jamestown. As you read in the papers and media, you know that Domestic Abuse is on the increase and it is important to help when we can. Please drop your pennies and other small change in the container in the narthex.

NON-PERISHABLE ITEMS for God's Groceries - things like toilet paper, soap (all kinds), toothpaste and brushes, shampoo, and anything else that you feel would help those that are having a difficult time making their money go further. The use of the Food Pantry is growing and we thank you for your support.



Safe Sanctuaries Committee
Information Especially for "Seniors"
Carol Hay

Somewhere I read the phrase, "God made me and God doesn't make junk." I do believe that each person is an important part of God's creation and whatever His plan is for each of us, we need to be healthy in mind and body in order to do His work. I also know that it takes effort to take care of ourselves so we are able to focus more on telling the world of the Good News and being of service to others than worrying about ourselves.

One of the goals of the Safe Sanctuary Team is to help each individual feel comfortable as a member of this church community. When our personal needs are met, it is so much easier to do things for others. If we are worrying about finances, security, or a health problem, our focus can easily be diverted from doing God's work.

As older adults, we do have many resources right here in our county that are available to help with almost any concern that is keeping us from having a healthy body and peaceful mind. On Wednesday, June 3, the Chautauqua County Office of the Aging is sponsoring a *Health and Wellness Symposium* at the Park United Methodist Church in Sinclairville. The event starts with registration at 8:30 a.m. and workshops on a variety of topics begin at 9 a.m. Lunch is provided in the \$5 cost for the day. Information related to nutrition, local transportation, home repairs, medical issues, being a caregiver, legal services, and many other topics will be provided throughout the day. Registration is necessary in order to have an appropriate number of handouts and lunches. Anyone interested in attending the *Symposium* should call Ellen Cafaro at 763-1012 to sign up.

The Safe Sanctuaries Team reviewed the surveys completed by seniors, which indicated a desire to find out about area services. God doesn't make junk and we need to take care of ourselves so we can be of service to Him. Learning about local services for seniors can give us peace of mind and sharing that information later may be our way of helping others. Knowing how to stay healthy in mind and body and making the effort to do it, may be in God's plan for each of us.

With Sympathy to the Families of...

Jeanne Margaret Strawser

Jeanne passed away on March 27, 2015.
Mother of Kelly (Joe) Osborne;
Grandmother of 12, including Brad, Corey and Sarah
Great Grandmother of 8, including Harrison



Ruth E. Ostrander

Ruth passed away on March 29, 2015.
She became a member of the PUMC on December 13, 1970
Surviving her are her sons, Larry (Gay) Ostrander
and Jeffrey Ostrander, as well as many extended
family members.

Dean M. Anderson

Dean passed away on March 30, 2015.
He is survived by his granddaughter, Katie (James) Ireland
and great granddaughter Corinne.

Patricia C. Willink

Patricia passed away on April 2, 2015.
She is survived by her granddaughter, Kristy (Pat) Catanese
and her great grandsons, Braden and Tate.

Marion J. Przybelinski

Marion passed away on April 17, 2015.
She is survived by her granddaughter, Erica Ireland,
grandson, James (Katie) Ireland, and
great grandchildren Mel, Cameryn, Corinne and Chase.

The love and prayers of your PUMC family are with you
and your loved ones as you continue through
this time of grief and adjustment.

Red Bird Mission Trip (August 9-15)

If you are interested in going on the August mission trip to
Kentucky, you might be in luck!
Contact Ted to see if there are still spots available!



Friends of Findley
Work Weekend at Camp Findley

This May, (May 15-17), there is an opportunity to serve God with your hands and feet outside the walls of the church. The Friends of Findley are having a work weekend to get the camp ready for the summer season.

The work weekend will be held from Friday through Sunday. Projects will include light construction, cleaning, trails maintenance, and gardening, along with food, fun, fellowship and getting away from home for a few days at Camp. Lodging and food are provided for anyone who comes to work.

See Pastor Steve for further details.

Coming Soon to PUMC!

Propelling Panama to Action is a mission minded summer ministry. Kids and adults will put God's love in action by helping others through service projects each Sunday morning. Acts 17:28 says, "In God we live, move, and exist."

Starting on July 5 at 9 a.m., PUMC will be in action with various interactive service projects, including filling flood buckets, collecting supplies for shelters and children, prayer walks and serving the community breakfast. Items will be collected throughout the summer. Lists for requested donations will be available in the June Grace Notes. A schedule will be posted so you know what is happening each Sunday - so that you can help!

We are the body of Jesus Christ - and we want to be in action to show God's love to our community and our world.

CHURCH FAMILY PHOTO DIRECTORY!!!
We are creating a 2015 Church Pictorial Directory
and we need YOU to be in it!

Photography Dates:

Friday, May 29 - 2-9 p.m.

Saturday, May 30 - 10 a.m.-5 p.m.

Tuesday, June 16 - 2-9 p.m.

You can sign up by one of the following convenient ways:

1. Sign up online panamaum.org
2. Sign up Sundays after church (Welcome Table)
3. Call Debbie in the office (716) 782-4031

You will receive a free 8x10 and your copy of the directory.

There is no cost to you or the church for you to participate. You will immediately view your portraits and be give the opportunity to purchase additional portraits. Our families will be receiving an additional 20% discount on your purchases.

Sign up today!

We look forward to seeing ALL of your smiling faces.

Orange Creamsicle Yogurt Bites

Jody Marsh, Parish Nurse

- 1 1/2 c. Greek vanilla yogurt, fat free
- 1 (3 oz.) pkg. orange jello mix, sugar free
- Fat free whipped topping



Line a muffin tin with 6 cupcake liners.
In a medium microwave safe bowl, combine yogurt and jello mix, stirring to combine.
Microwave on high for 2 minutes, stirring after each minute.
Fill each cupcake liner with about 1/4 c. of yogurt mixture.
Chill cups for at least an hour until set.
Dollop whipped topping on each.

You can easily mix and match different flavors of yogurt or

Discipleship (Small Group) Note
Jon and Becky Cable

If you are looking to know Christ and to make Him known, if you are looking to be transformed to be more like Christ and less like the world, if you are looking for encouragement and support in your walk with Christ, then one of the discipleship groups is for you. Please call the church office if you would like further information.

Preparing for Rain (Jon and Becky Cable)
Every other Tuesday night from 6:30-8 p.m.
jonbec95@gmail.com; 716-543-5050

C.H.A.T (George and Trudy Anderson)
Call the Anderson's for meeting information
ganderson@windstream.net; 716-782-3252

We Care (Thea Kester)
Every other Thursday at 12 p.m. at Rowdy Rooster
rtkester@windstream.net; 716-782-4620

R.A.D.I.C.A.L (Carl and Susie Davis)
This group normally meets the
1st and 3rd Saturday of each month.
appleoakstreefarm@yahoo.com or suesue5@windstream.net
716-782-4611 or 716-640-7043

Ladies of Light (Cindy Furlow)
2nd and 4th Monday of each month, from 7:15 to 8:30 p.m.
Child care is provided.
cfurlow@chautauquamachine.com; 716-782-2775

Band of Brothers (Howie Wheeler)
2nd Tuesday of the month
wheelerhoward55@gmail.com; 716-763-0879

Kyle and Brynne Hinsdale's group
One Saturday a month
kbhinsdale@windstream.net; 716-355-4382

Footnotes from the Library
Tabetha Butler, PUMC Librarian

Now that the musical is over, I'll be spending more time in our library doing some spring cleaning. I will be doing some weeding in the weeks to come and the objects of that process will be out in front of the library, on the table, FREE to a good home. Please help yourself to whatever strikes your fancy!

On another note, if you have borrowed material, please check your shelves at home and kindly return those items so that others may also enjoy them. Then you can borrow some more!!!

A few new items have been placed in the library for your reading pleasure. Please come upstairs and take a look!

Adult Fiction:

Beverly Lewis: The Secret; The Missing; The Telling (Seasons of Grace series)
The Forbidden; The Longing (Courtship of Nellie Fisher series)
Shelley Shepard Gray: Hidden
Suzanne Wood Fisher: The Choice
Amy Clipston: A Gift of Grace; A Promise of Hope (Kauffman Amish Baker series, 1 & 2)
Wanda Brunstetter: The Journey

Children's Books:

Board Books: *Anne Fitzgerald* (Dear God, If I Get Lost, Will You Find Me?; Dear God, Do You Need My Help?)
Kathleen Brostrom: What is Prayer?
Jan Brett: Goldilocks and the Three Bears

Happy Spring, Panama UMC!

I hope that all of you are enjoying the increasingly warm weather and that you have seen God at work in your and your family's lives in the past weeks and months. Here is what is, and has been, going on in the Youth and Family Ministries here at PUMC>

YOUTH:

For May, we will be hosting the final DCYM event of the year. It will be on Sunday, May 3, here at PUMC! We look forward to hosting our DCYM and sharing in that ministry. The event is from 6-8 p.m. and will include a hotdog and hamburger cookout, lawn games, and fellowship. Please continue to encourage your youth to attend DCYM events since they are an excellent opportunity for your youth to make connections with new friends and youth from around our district!

Over the past month at the Impact Campus Fellowship ministry at Panama Central School, our Jr. and Sr. High groups have continued to have a great year! We recently got to enjoy a whole day devoted to laughter as we saw several clips of Christian comedian, Tim Hawkins. I strongly recommend him if you're in need of some good laughter. This coming month, we will hear testimonies, discuss applying wisdom to our lives, especially during the prom season, enjoy a Veggie Tales day, and also a day for fun with games. It has been awesome to see how God is at work in our school, growing our group, and giving the students the opportunity to grow in their faith in school!

SUNDAY SCHOOL:

We are excited to announce our upcoming Summer Sunday School program, which will be something fun and new for PUMC. Starting on July 5, each Sunday in the summer, we will come together as a combined Sunday School to do weekly service projects together including putting together flood buckets, conducting a prayer walk and placing encouraging and loving messages on the sidewalks of Panama, and providing breakfast for our local fire department. This is for people of all ages and we hope that this will draw us closer to each other,

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to God, and strengthen our community, as well! More details on the service projects will be coming soon.

I hope and pray that you will join us Sunday mornings to serve Christ and the community in new and different ways each week this summer!

FAMILY:

Our next Family Fellowship activity will be an afternoon of playing Putt Putt at the Lakewood Golf Center on Sunday, May 17, at 2 p.m. This will be free for all who come, so we encourage you to bring your family out and enjoy this time of fun with your church family.

More upcoming events to put on your calendar include a Mother and Son night on June 18 from 6-8:30 p.m., Family Fellowship Night Tailgating at the Jamestown Jammers game on July 10 at 6 p.m., and a Father and Daughter night on August 20 from 6-8:30 p.m. Please put these on your calendar so that you can join in the fun.

We have a new Family Ministry opportunity for you and your family to join in at PUMC called Families Loving Families. Families Loving Families is an opportunity for the families of our church to love and support each other. We are asking you to sign up your family on the sign up sheet on the Welcome Table and when you do, you will be given a new family each month to pray for and to love on in a tangible way. This way, each family of our church will be prayed for for an entire month and loved on by another family of the church. If you have any questions, please feel free to ask me.

Please remember to pray for the youth of our church as they are representing Jesus Christ at school and during their extra-curricular activities. Please pray for the Youth Ministry Support Team, Family Ministry Support Team, and the Christian Education Team as they continue to work to provide the best ministry Opportunities for our church family.

Have a blessed month, PUMC!

Pastor Dan <><